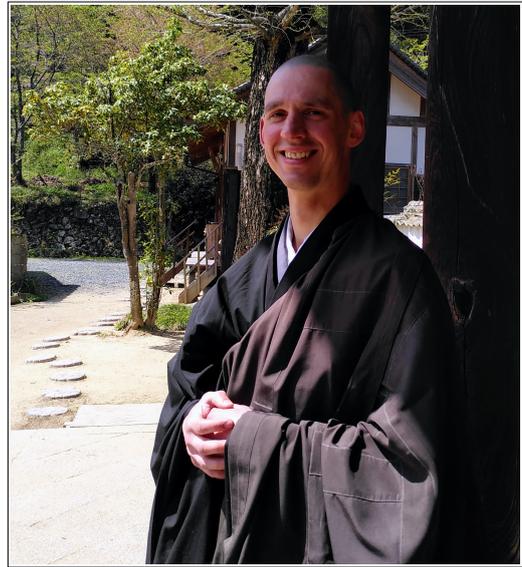


Aikido and Zazen in Zen Center Eisenbuch Fumonji

Zen Monk Hoyu, 5th Dan Aikido



Wednesday, Juli 22 – Sunday, Juli 26, 2026

„Practice never ends.“

For five days, we have the opportunity to practice Aikido and Zazen at the Zen Center Eisenbuch Fumonji. The monastery kitchen will provide us with comprehensive meals, allowing us to fully concentrate on our practice. The day begins and ends with Zazen, and there are two hours of Aikido in the morning and two in the afternoon. Anyone needing a break can take one at any time and recharge in peace and quiet on the monastery grounds.

Hoyu is a student of Fumon Nakagawa Roshi, the founder and abbot of the monastery.

Monastery Address

Eisenbuch 7
84567 Erlbach (Germany)

Contact Hoyu for registration and further information

Email: hoyu@daimon-dojode
Phone: [+49-176-8505-9090](tel:+49-176-8505-9090)

Participation Fee

€40 + donation + accommodation and meals starting at €260

Registration deadline: Monday, June 22, 2026

Accommodation and Meal Fees

- Shared room: €260
- Double room: €340
- Single room: €400

Dietary Supplement

- For special dietary requirements, such as food intolerances, an additional €5 per person per night will be charged.

Payment

- Please transfer the accommodation and meal fee to the monastery's account no later than 14 days before the course begins, specifying "Aikido and Zazen Course from July 22 to July 26, 2026" as the payment reference. If needed, please include the €20 rental fee for bed linens and towels in your payment.
 - Account Holder: Zen-Zentrum Eisenbuch
 - IBAN: DE24 7016 9530 0000 8585 10
- The course fee of €40 covers the seminar house rental, including cleaning. Please transfer this fee to the Hoyu Dojo account no later than 14 days before the course begins, specifying "Aikido and Zazen Course from July 22nd to July 26th, 2026 at Zen Center Eisenbuch" in the payment reference.
 - Account Holder: Daimon-Dojo gUG
 - IBAN: DE94 3906 0180 0157 4960 00
- Donations can be given in cash on-site or transferred at any time to the accounts listed above. When making a bank transfer, please always include the keyword "donation" and your address for the donation receipt in the payment reference.

Please bring

- Complete bed linen or sleeping bag and sheets, towels, and slippers. Bed linen and towels can be rented for €20.
- For the Zendo, please bring clothing in muted colors. Clothing should cover knees and shoulders.
- Weatherproof clothing suitable for gardening
- Training clothes for Aikido
- Aikido training weapons, if available